



The Northern Neonatal Network

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Northern Neonatal Network – Parents Information Directory

Name of Unit/Hospital

Neonatal Intensive Care Unit, Sunderland Royal Hospital.

Full postal address (inc. postcode)

Kayll Road, Sunderland, SR4 7TP.

Where is the Unit situated in the hospital (name of floor/block/wing) and which entrance should visitors use?

Enter from Chester Road, Chester Wing, D floor.

What is your Unit's capacity (number of cots and type)?

24 cots, 7 Intensive care and 17 Special Care.

What grading of staff routinely look after the babies (Nurses/HCAs/ANNPs) and how are they distinguished (colour of uniform etc)?

ANNP's	Claret
Sister	Navy
Staff Nurse	Blue
Nursery Nurse	Red
Support Workers	Beige

What is your visiting policy (times, number of visitors allowed, restrictions (family/friends/siblings/other children/age etc)?

Open visiting but all visitors must be accompanied by a parent. Three visitors maximum and children to be 14 or over unless they are the sibling of the baby.

Do you have secure lockers/storage for visitors and are they token operated?

Locked lockers in the waiting area need £1 coin which is returnable when key returned.

How much does car parking cost for visitors (please list all current rates), are “season tickets” available and what is the cost? Is parking difficult (spaces availability/access for disabled etc)?

Visitor parking is available in the Chester Wing car park and at other car parks on the hospital site, there are disabled spaces in this car park.
A season ticket is available at a reduced cost of £10 per month.
Normal priced tickets: 2hrs/£2, 2-4hrs/£3.50, 4-24hrs/£6.00.

What facilities are available for parents and visitors on your Unit? Please list, e.g. waiting room/area, drinks machines, play area/toys for siblings (supervised/unsupervised?), crèche, library of DVDs/books to lend, leaflet rack etc.

Waiting area, water dispenser, small play area in waiting area with toys (parents or other visitors should supervise children), leaflet rack in waiting area. Drink and snack dispenser next door in maternity waiting area. TV with children's DVD's.

What breastfeeding and EBM storage facilities are available on your Unit?

Fridge freezer to store EBM.
Up to 5 rooms available for breast feeding (depending how busy the unit is) and screens available for privacy if mum wishes to breast feed at cot side.

What parent room facilities are available (number of rooms, criterion for use, proximity to the Unit, common room/kitchen area etc)?

Two rooms on the unit with shower room, toilet and small kitchen facilities.
5 en-suite rooms available in the Woodford Williams Lodge which is located on the hospital site (a 5 minute walk away), these rooms have TV, DVD, kettle and fridge.

What restaurant/café/coffee shop/WRVS & paper shop facilities are there within your hospital (opening times, proximity to Unit etc)?

Canteen on A floor which is subsidised for parents of babies, opening times 07:30-18:00 Mon-Fri.
WRVS canteen and shop on B level, opening times 08:00-19:30 Mon-Sun, the shop sells magazines, cards, toiletries and sweets/crips etc.
WRVS on level C for take away food and drink, opening times 08:00-17:00 Mon-Fri.
These facilities are all within 5 mins of the unit and can be accessed by lifts if necessary.

Does your Unit provide any financial assistance towards costs for parents? (travel etc) Please detail including eligibility criterion.

If parents who are bringing in EBM or breast feeding and are receiving benefits can be reimbursed, they must be able to produce travel tickets/receipts. We do provide food for breast feeding Mums when staying all day to establish breast feeding.

Does your Unit have or links to an active local parent support group - if so, please give details including contacts where available.

We have a parent support group which meets monthly, we provide drinks and snacks. Cheryl Burgess is the group lead nurse and we are in the process of developing a website where parents can share stories/photo's etc as requested by parents. Clear guidelines will be drawn up prior to launch of this site.