



# The Northern Neonatal Network

A managed clinical network  
Website - [www.nornet.org.uk](http://www.nornet.org.uk)



## Northern Neonatal Network – Parents Information Directory

<b>Name of Unit/Hospital</b>  Special Care baby Unit, Cumberland Infirmary
<b>Full postal address (inc. postcode)</b>  Newtown Road, Carlisle, Cumbria, CA2 7HY Direct line 01228 814271
<b>Where is the Unit situated in the hospital (name of floor/block/wing) and which entrance should visitors use?</b>  1 <sup>st</sup> Floor, Yellow area
<b>What is your Unit's capacity (number of cots and type)?</b>  12 Special Care Cots
<b>What grading of staff routinely look after the babies (Nurses/HCAs/ANNPs) and how are they distinguished (colour of uniform etc)?</b>  Qualified neonatal Nurses Health Care Assistants This is a nurse led unit with nurses practising within an extended role. Medical cover is provided by Consultant Paediatricians..
<b>What is your visiting policy (times, number of visitors allowed, restrictions (family/friends/siblings/other children/age etc)?</b>  2 visitors per family accompanied by parents. No visitors are allowed on the unit unless parents present or a prior arrangement has been made. No children are allowed on the unit except baby's own brothers and sisters. Parents only to visit after 9pm

**Do you have secure lockers/storage for visitors and are they token operated?**

No

**How much does car parking cost for visitors (please list all current rates), are "season tickets" available and what is the cost? Is parking difficult (spaces availability/access for disabled etc)?**

Parking is extremely busy during the day.

There are disabled parking place available.

There are drop off points at the main door.

Payment is by machines £1 = 1 hr

£2 = 2hr and 15 mins

£3 = 3hr and 30 mins

£5 = 10hrs

However passes are available from the front reception desk in the Atrium at a cost of

£7.50 per week

£15.00 per month

There is a frequent bus service that stops at the front of the hospital.

**What facilities are available for parents and visitors on your Unit? Please list, e.g. waiting room/area, drinks machines, play area/toys for siblings (supervised/unsupervised?), crèche, library of DVDs/books to lend, leaflet rack etc.**

Kitchen with microwave for snacks and drinks

Sitting room with TV/DVD and Payphone

Playroom with TV/DVD for siblings ( must be supervised by an adult)

Leaflet rack

**What breastfeeding and EBM storage facilities are available on your Unit? Fridge/freezer to store breast milk**

Electric pumps to take home to loan whilst baby is in SCBU

Electric pumps available to use within the unit

**What parent room facilities are available (number of rooms, criterion for use, proximity to the Unit, common room/kitchen area etc)?**

There are two bedrooms within SCBU, one double and one single. They are used prior to discharge home to establish breast feeding, bathing etc

**What restaurant/café/coffee shop/WRVS & paper shop facilities are there within your hospital (opening times, proximity to Unit etc)?**

Restaurant and Costa coffee shop on lower ground floor 08.30am-6.30pm  
Vending machines are available out of hours.  
Costa coffee shop on ground floor in Atrium Mon-Fri 08.30am-7pm  
Weekend and bank hols 11.30-5pm  
Shop on ground floor in Atrium Mon – Fri 07.30 am – 8.30pm  
Weekend 08.00am – 8pm  
Cash machine available in Atrium

**Does your Unit provide any financial assistance towards costs for parents? (travel etc) Please detail including eligibility criterion.**

Assistance for travelling is available to families only in receipt of certain benefits ie job seekers allowance  
It consists of one return journey by Car/bus /train per day as facilities are available to stay for several hours.  
Staff will give further information if required.

**Does your Unit have or links to an active local parent support group – if so, please give details including contacts where available.**

Not at the moment