



Paediatric Palliative Care in the North East

**Paediatric
Palliative
Care Team:**

Dr Yifan Liang – Consultant Paediatrician at JCUH
Dr Alison Guadagno – Consultant Paediatrician at GNCH
Dr Ellie Bond – Assoc Specialist in Palliative Medicine, St Oswald's
Dr Philip Caisley – Staff Grade in Palliative Care, St Oswald's

Palliative Care includes support and advice for Children and Young People and their Clinical Teams, to help alleviate symptoms and improve **quality of life.**

Children and Young People with advanced, deteriorating or progressing conditions can often have troublesome symptoms, these may include:

- Pain
- Breathlessness
- Nausea
- Vomiting
- Seizures
- Constipation
- Diarrhoea
- Respiratory secretions
- Lymphoedema
- Anxiety
- Fear
- Depression
- Agitation
- End of life care

If you would like any help or advice to manage the above or any other symptoms of your children/young people please contact the team during working hours - **Monday to Friday 9.00 am – 5 pm**

Tel No: 0191 2469122

